



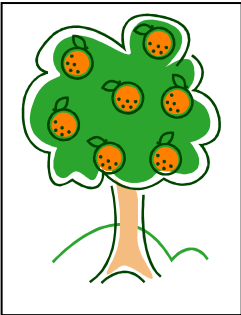
JHC News - Winter 2011



May we take this opportunity to wish you a
Merry Christmas and a Happy New Year



Our Offices will be open as normal on Friday 23rd December, we will then be closed over the Christmas period and will reopen at 9am on Tuesday 3rd January 2012.



Sawston Community Orchard

A big thank you to those of you that completed and returned our tree selection forms. These are now being processed by Rob Mungovan of SCDC.

Our tree planting day is scheduled for Sunday 15th January, 2012 at 10 am (weather permitting).

All volunteers are welcome to join us – please bring a spade!

If the ground is too hard we will have to reschedule and this will be posted on our website and on our facebook page.



October 2011

The following piece has been written by a former resident of the Charity.

How having a JHC house has changed my life.

I lived in the property for a year and nine months and I can honestly say it has completely changed my life. I applied for the property, had an interview then got a phone call to say I had been successful.

Before applying for the property I had an extremely difficult year with my parents splitting up, being kicked out of my family home and domestic violence issues. I was a very sad, depressed young girl, who didn't know what way to turn. Whilst living in the property I have become a young, independent, happy girl. The reason for this is because I felt safe in my home. I also have a medical condition which has got a lot better as I have had a stress free life.

I am now very sad to say I am leaving this property but am now moving into permanent council accommodation. The support and help from JHC has been amazing, I am the happiest I have been in a long time and can never thank JHC enough.

Sawston & Linton Locality Team

Corinne Hammond and Julia Grubb, Parent Support Advisers for the Sawston and Linton Locality Team, have been working with parents at John Huntingdon's Charity to support the parenting of their teenagers.

The venue is a perfect setting for parents to enjoy this highly successful 6 week course called ESCAPE. Feedback from all participants has been very positive and due to this a waiting list has occurred.

Other groups are now being run from JHC due to its community based approach and the extended service we can offer via JHC. We are very grateful for the working partnership we at the Locality and the staff at JHC have built and the joined up approach we are now using to support our clients in Sawston.

Corinne Hammond.

The story so far in 2011 at JHC

- Our Support Workers have seen over 300 client with various issues.
- We have now housed two new families with a third property currently vacant.
- We have given out 53 bags of food.
- We have given 116 grants to individuals enabling them to buy a variety of goods including fridges, cookers and payment for school trips and uniforms



1,000 flu jabs at the Medical Centre!



On Saturday 8th October, the Medical Centre opened their doors to 1000 people to give them 'flu' jabs.

JHC was there talking to lots of people about what we do, it was a great atmosphere. We are so pleased the electronic Advice Hub Kiosk is now in the entrance to the Medical Centre. It means patients can access advice themselves. However if they need further help they can come to us at JHC or the CAB drop in session at John Huntingdon House in Tannery Road.

The relocation of the Advice Hub Kiosk was instigated because it has been recognised that people's health is adversely affected by housing, debt, family issues, as well as the general difficult economic situation.

Our re-usable shopping bags are still available to purchase at a cost of £2.00 per bag – these can still be purchased direct from our office in Tannery Road.



All 4 Charities



Don't forget when doing your Christmas shopping it is now simple to donate to JHC when you shop online. All you need to do is visit www.all4charities.co.uk and register as a user, naming John Huntingdon's Charity as the charity you wish to support (just search for JHC). Once registered, every time you shop just log in at www.all4charities.co.uk and click the link to the retailer you wish to use.



CAB operate two drop-in sessions per week
at John Huntingdon House,
Tannery Road, Sawston.

No Appointment needed.

Wednesday and Friday
9.30 am to 12.30 pm

To keep up with what is happening at JHC you can either visit our webpage at www.johnhuntingdon.org.uk



or
join us on Facebook .

If you know anyone who might be interested in receiving our Newsletter, please ask them to contact us direct to enable us to place them on our mailing list.

Either by e.mail to office@johnhuntingdon.org.uk
or by phone on 01223 830599.

Founded in 1554

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